Vulnerability, Authenticity and Attunement: Regulating Ourselves with Dysregulated Clients

Saturday, April 22, 8:30 a.m. to 1 p.m.
425 S. Cherry Street, Denver, CO 80246

Presented by Heart Solutions, LLC & Individual and Relationship Therapy Center, PLLC

An interactive, experiential half-day workshop for any clinician who values openness, vulnerability, and authentic emotional presence in your work with couples, families, and individuals.

Learning Objectives:
• Explore how staying emotionally present can be difficult for any therapist.
• Recognize and cultivate compassion for the moments of overwhelm or dysregulation in session.
• Gain better understanding of our own patterns of responding in these difficult moments.
• Discover ways to re-attune to clients in the face of their own dysregulation or distancing.

Register Now – Save with Early Registration Rates

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<td>Super early registration (before Dec. 31, 2016)</td>
<td>$85</td>
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Mail completed form to: Heart Solutions, LLC, 677 Grant St. Denver, CO 80203
Questions? Bev.Tuel@gmail.com 303-355-0280