The EFT Center of NJ hosts a Master class with EFT Trainer Jim Thomas  

**The 4 P's of EFT in Stage 1 & 2 work**

**James D. Thomas**  
LMFT, ICEEFT Certified EFT Trainer & Supervisor, Executive Director of Colorado Center for EFT  
Jim has over 25 years of clinical and supervisory experience with a style described by trainees and supervisees as "warm, supportive and encouraging." He has worked with difficult and diverse populations from the beginning of his career, and he brings tremendous energy, deep compassion, and a seemingly natural talent for conveying EFT concepts in a clear and engaging manner. Jim offers knowledge and inspiration for those learning EFT. Jim has a private practice in Lakewood, CO.

**When:** Sunday, April 23, 2017, 9am to 5pm  
**Where:** RWJ Conference Center, 3100 Quakerbridge Road, Hamilton, NJ

This course is designed to help the EFT clinician focus on applying the 4 P’s of EFT in Stage One and Stage Two work. Learn how to more effectively track and use primary emotion, highlight the patterns that keep your clients stuck, utilize the present moment interactions to help the clients understand what prevents them from having the intimacy they want. Help the client recognize the processes they engage in that both limit and enable them to have what they yearn for.

**Cost for workshop and 6.5 CEUs**  
- Non-member fee: $225 or early bird fee (by March 1, 2017): $199  
- EFTCNJ member: $199 or early bird fee (by March 1, 2017): $169

**Learning Objectives**  
- Describe in detail the 4 P’s of EFT and how they increase or add to the experiential aspects of the model  
- Recognize opportunities based on the 4 P’s for interventions in both Stage 1 and Stage 2 work  
- Perform interventions focused around the 4 P’s  
- Identify opportunities to apply the use of “the 4 P’s for Effective Use of Self” in EFT in parallel to the traditional 4 P's (present-moment, process, primary emotion, and patterns/positions)

**Syllabus**  
- Define the 4 P’s in EFT: Primary emotion, Present moment, Patterns and Process  
- Apply the 4 P’s in Stage One  
- Apply and explore the 4 P's in the Effective Use of Self in EFT in parallel to the traditional 4 P's  
- Apply the 4 P’s in Stage Two

**Register online at:** [www.EFTCNJ.com](http://www.EFTCNJ.com) under “Events” and “Upcoming Trainings and Socials” and follow prompts for Jim Thomas’ Master Class

**Refunds:** Refunds are given minus $50 administration fees with written notice of participant's cancellation of participation in the program by March 23, 2017  
**CEUs:** 6.5 CEUs available for psychologists, MFTs, Nurses, Counselors, and LCSWs  
**Requests for accommodations for disability should be directed to:** Debi Scimeca-Diaz at dsdiaz@couplestherapynj.com  
**Target audience:** Social Workers, Marriage and Family Therapists, Professional Counselors, Psychologists  
**Prerequisite:** EFT Externship and currently participating in or completed EFT Core Skills